



DEPARTMENT OF PALLIATIVE MEDICINE

FIFTH BRISTOL OPIOID CONFERENCE
In association with the EAPC and the EPCRC

“Revising the EAPC recommendations on
opioids in cancer pain”

Monday 8 & Tuesday 9 February 2010

Venue: The Bristol Hotel, Prince Street, Bristol, BS1 4QF



CPD accreditation applied for

Monday 8 February

09.00-9.30	<i>Registration/ Welcome – Chair: Karen Forbes</i>	
09.30-10.00	Evidence based medicine: what is the evidence that it has made a difference?	Henry McQuay
10.00-10.15	Cancer pain relief: what are the issues in 2009?	Geoffrey Hanks
10.15-10.30	Opioid availability in Europe: the ESMO/EAPC study	Franco de Conno
10.30-10.50	Assessment and classification of cancer pain: are international recommendations emerging?	Stein Kaasa
10.50-11.20	<i>Coffee</i>	
11.20-11.35	The EPCRC Opioid Guidelines Project Augusto Caraceni	

Step III opioid of first choice and initiating therapy

11.35-11.50	Step III opioid of first choice	Augusto Caraceni
11.50-12.05	Dose titration	Pål Klepstad
12.05-12.15	<i>Discussion</i>	Jim Cleary

Alternative step III opioids and indications

12.15-12.30	Oxycodone Colette Reid	
12.30-12.45	Methadone Nathan Cherny	
12.45-13.45	<i>Lunch</i>	
13.45-14.00	Hydromorphone	Augusto Caraceni
14.00-14.15	Transdermal fentanyl/transdermal buprenorphine	Marco Maltoni/David Tassinari
14.15-14.45	<i>Discussion</i>	Eduardo Bruera
14.45-15.15	<i>Tea</i>	

Patients with renal and hepatic impairment

15.15-15.30	Patients with liver impairment	Magdi Hanna
15.30-15.45	Patients with renal impairment	Karen Forbes & Sam King
15.45-16.15	<i>Discussion/Review of the day</i>	David Currow
16.15	<i>Close</i>	

Tuesday 9 February

09.00-9.30	<i>Coffee</i>	
09.30-10.00	How well do we treat cancer pain?	Kathy Foley

Patients with difficult pain

10.00-10.15	Breakthrough pain	John Zeppetella
10.15-10.30	Opioid rotation	Stein Kaasa/Ola Dale
10.30-10.45	Equianalgesic dose ratios	Sebastiano Mercadante
10.45-11.15	<i>Discussion</i>	David Currow
11.15-11.45	<i>Coffee</i>	
11.45-12.00	Spinal opioids	Per Sjøgren
12.00-12.15	Other routes of administration	Lukas Radbruch
12.15-12.30	Opioid combinations	Marie Fallon
12.30-13.00	<i>Discussion</i>	Jim Cleary
13.00-14.00	<i>Lunch</i>	

NSAIDS and Adjuvants

14.00-14.15	NSAIDS	Maria Nabal
14.15-14.30	Antidepressants, anticonvulsants	Mike Bennett
14.30-14.45	Ketamine	Eija Kalso
14.45-15.00	<i>Discussion</i>	Eduardo Bruera
15.00-15.30	<i>Tea</i>	

Opioid side-effects

15.30-15.45	Gastrointestinal side effects of opioids	Gitte Juhl
15.45-16.00	Central side effects of opioids	addy Stone
16.00-16.30	<i>Discussion and Close</i>	Augusto Caraceni

Faculty

The EAPC guidelines on opioids for cancer pain relief have been widely influential (BMJ 1996;312:823-6 and Br J Cancer 2001;84:587-93). The guidelines are being updated as part of the European Palliative Care Research Collaboration (EPCRC), funded by the 6th Framework Programme of the EU. 17 research groups are involved in the revision of the guidelines and they provide the faculty for this conference. Each group has formulated a clinical recommendation on the basis of a systematic review of evidence for each topic to be included in the guidelines. Eminent authorities from outside Europe will act as discussants.

- Prof Mike Bennett, International Observatory on End of Life Care, Lancaster University, UK
- Prof Eduardo Bruera, MD Anderson Hospital, Houston, Texas, USA
- Dr Augusto Caraceni, National Cancer Institute, Milan, Italy
- Dr Nathan Cherny, Shaare Zedek Medical Centre, Jerusalem, Israel
- Dr Jim Cleary, University of Wisconsin, Madison, USA
- Prof Ola Dale, Norwegian University of Science and Technology, Trondheim, Norway
- Dr Franco de Conno, National Cancer Institute, Milan, Italy
- Prof Marie Fallon, University of Edinburgh, UK
- Dr Kathy Foley, Memorial Sloan Kettering Cancer Center, New York, USA
- Prof Karen Forbes, University of Bristol, UK
- Prof Geoffrey Hanks, University of Bristol, UK
- Dr Magdi Hanna, King's College London, UK
- Dr Gitte Juhl, Herlev University Hospital, Herlev, Denmark
- Prof Stein Kaasa, University of Trondheim, Norway
- Dr Eija Kalso, Helsinki Central Hospital, Finland
- Dr Samuel King, University of Bristol, UK
- Prof Pål Klepstad, Norwegian University of Science and Technology, Trondheim, Norway
- Dr Marco Maltoni, Valerio Grassi Hospice, Forlimpopoli, Italy
- Prof Henry McQuay, Nuffield Professor of Anaesthetics, University of Oxford, UK
- Dr Sebastiano Mercadante, La Maddalena Cancer Centre, Palermo, Italy
- Dr Maria Nabal, Hospital Universitario Arnau de Vilanova, Spain
- Prof Lukas Radbruch, University of Aachen, Germany
- Dr Colette Reid, University of Bristol, UK
- Dr Per Sjogren, Rigshospitalet, Copenhagen, Denmark
- Dr Paddy Stone, St George's, University of London, UK
- Dr Davide Tassinari, City Hospital, Rimini, Italy
- Dr John Zeppetella, St Clare Hospice, Essex, UK

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Cancellations must be made in writing and are subject to a 10% administration fee. No refunds will be made for cancellations notified within 2 weeks of the event, but substitute delegates will be accepted.

Please return completed registration form to: Debbie Ashby, Department of Palliative Medicine, Bristol Haematology and Oncology Centre, Horfield Road, Bristol, BS2 8ED, UK

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