

CORE CURRICULUM AND GUIDELINES FOR THE BASIC EDUCATION OF THE PHYSIOTHERAPIST IN PALLIATIVE CARE, published by the "Società Italiana di Cure Palliative"

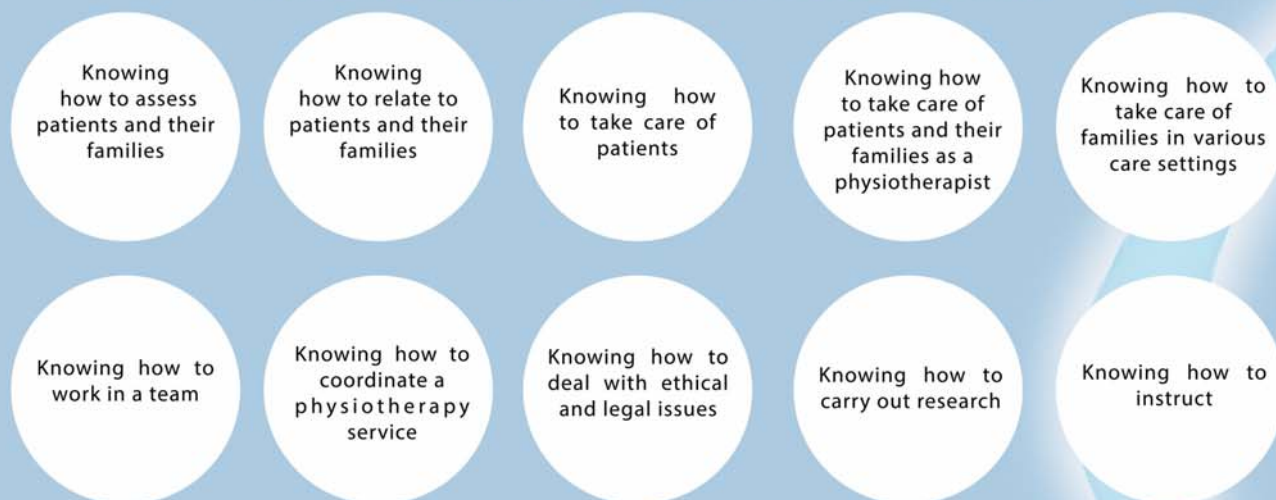


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The "Società Italiana di Cure Palliative" (SICP) has published the Core Curriculum for Physiotherapists in Palliative Care (2013) to define the skills and educational requirements necessary for the consolidation and improvement of palliative care. It is a tool intended for decision-makers with the purpose of defining educational policies in accordance with the prime objectives proposed by the SICP.

The Guidelines for the Basic Education of Physiotherapists in Palliative Care, published by the SICP at the end of 2014, derives from the core curriculum and sets forth a specific educational program for providing appropriate knowledge in palliative care to students of the degree course in Physiotherapy.

BOTH DOCUMENTS ARE SET OUT IN THE FORM OF TABLES SPECIFYING THE EFFECTIVE NATURE OF THE SKILLS AND KNOWLEDGE WHICH ARE LISTED AS FOLLOWS:



This framework will facilitate the definition of professional development and training needs and will provide appropriate and efficient learning methods, with an indication of the desired balance between education and training.

The tables are taken from the 'Core Curriculum of the Physiotherapist in Palliative Care', published by SICP.

Every aspect is developed taking into account the learning objectives, skills and knowledge to achieve and learning methodology.

KNOWING HOW TO EVALUATE PATIENTS AND THEIR FAMILIES ADMITTED TO PALLIATIVE CARE.

KNOWING HOW TO TAKE ON A PATIENT AND HIS FAMILY IN PALLIATIVE CARE.

KNOWING HOW TO TAKE CARE OF PATIENTS AND THEIR FAMILIES IN DIFFERENT SETTINGS:

-Understanding and dealing with symptoms and clinical issues.

-Managing a therapeutic relationship.

-Managing end of life care.

-Helping to identify the best possible quality of life for patients.

KNOWING HOW TO TAKE CARE OF PATIENTS AND THEIR FAMILY: PHYSIOTHERAPY IN PALLIATIVE CARE.

KNOWING HOW TO WORK WITHIN A TEAM IN DIFFERENT SETTINGS.

KNOWING HOW TO CARRY OUT RESEARCH IN PALLIATIVE CARE.

It can be seen that the knowledge and skills necessary for practicing physiotherapy in PC are extremely complex. Adequate training may be achieved through:

- the addition of specific studies to already existing educational programmes
- the introduction of a specific course of Physiotherapy in Palliative Care
- the introduction of specific trainings.

The importance of the content and the specific nature of the educational targets should stimulate appropriate reflection concerning the professional competence of the teachers.

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Building Bridges



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CORE CURRICULUM and GUIDELINES are available on the right side menu of WWW.SICP.IT

