

Quattro PASSI AL FESTIVAL

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lunedì 5 giugno 20:45
Conservatorio di musica “L. Campiani” di Mantova

Incontro con

Frank Ostaseski

Presenta **Luciano Orsi**

Frank Ostaseski è un pioniere dell'assistenza contemplativa di fine vita. Negli Stati Uniti ha fondato il Metta Institute ed è stato cofondatore dello Zen Hospice Project. In occasione dell'uscita di *Cinque inviti* (Mondadori, 2017) l'autore dialoga del suo impegno a favore dei malati e delle loro famiglie insieme al palliativista Luciano Orsi.

Aprono la serata gli interventi musicali di Kanoko Minematsu (*Sergej Vasil'evič Rachmaninov - Preludio Op. 3 No. 2*) e Federico Genna (*Fryderyk Chopin - Notturmo Op. 27 n. 2*).

Clicca [QUI](#) per il trailer di presentazione del libro; edizione con sottotitoli in Italiano a cura di Anemos, curando s'impara.

Durante l'incontro sarà possibile sottoscrivere o rinnovare la propria tessera Filofestival 2017. Vi aspettiamo!



Festivaletteratura



Conservatorio di Musica
«Lucio Campiani» - Mantova

FRANK OSTASESKI BIOGRAPHY

Frank Ostaseski is a Buddhist teacher, international lecturer and a leading voice in contemplative end-of-life care.

In 1987, he co-founded of the Zen Hospice Project, the first Buddhist hospice in America. In 2004, he created the [Metta Institute](#) to provide innovative educational programs and professional trainings that foster compassionate, mindfulness-based care.

A primary project of Metta Institute® is the [End-of-Life Practitioner Program](#) that Frank leads with faculty members Ram Dass, Rachel Naomi Remen MD, and others.

Frank is a dynamic, original, and visionary teacher. His public programs throughout the United States and Europe have introduced thousands to the practices of mindful and compassionate care of the dying, In 2001, Frank was honored by the Dalai Lama for his years of service to the dying and their families. In 2003, he was named one of America's 50 most innovative people in America by the AARP magazine.

"The reflection on death is life-affirming. When we come into contact with the precariousness of life, we also begin to appreciate how precious it is, and then we want to live more fully."

His groundbreaking work has been widely featured in the media, including the Bill Moyers television series *On Our Own Terms*, the PBS series *With Eyes Open*, *The Oprah Winfrey Show*, and in numerous print publications. Frank has served as a consultant to several healthcare organizations, NGO's and foundations including Robert Wood Johnson Foundation, Fetzer Institute and others. Frank is also the author of the [Being A Compassionate Companion](#) audio series.



Frank and the Dalai Lama share a laugh

Frank has been a keynote speaker and consultant for hundreds of educational, healthcare, spiritual institutions and programs including:

- Harvard Medical School, Boston, MA.
- University of California, Berkeley, CA.
- Mayo Clinic, Rochester, MI.
- Dartmouth-Hitchcock Medical Center, Lebanon, NH.
- Duke University, Durham, NC.
- University of Heidelberg, Heidelberg Germany
- Project on Death in America, New York, NY.
- Sloan Kettering Medical Center, New York, NY.
- American Academy of Hospice and Palliative Medicine, Glenview, IL.
- National Hospice & Palliative Care Association, Alexandria, VA.
- Fetzer Institute, Kalamazoo, MI
- Naropa Institute, Boulder, CO.
- Esalen Institute, Big Sur, CA
- Spirit Rock Meditation Center, Woodacre, CA.
- Upaya Zen Center, Being with Dying Program, Santa Fe, NM
- Sacred Art of Living, Bend, OR.
- RIGPA International, Germany, England, France, Switzerland
- National Hospice Association, Ljubljana, Slovenia
- Unicorn Association & College of Medicine Jagiellonian University, Krakow, Poland

Numerous State and Local Hospice organizations